

DAY ONE - Friday, April 27, 2012



3:00 p.m. Javelin - Men (Women will follow)

Triple Jump - Women (Men to follow)

Pole Vault - Men (Women will follow)

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5:00 p.m.100 Meter Hurdles / 110 Meter Hurdles - Preliminaries5:30 p.m.100 Meter Dash - Preliminaries - Women (Men to follow)

6:00 p.m. 10,000 Meter Run - Women 7:00 p.m. 10,000 Meter Run - Men

DAY TWO—Saturday, April 28, 2012



11:00 a.m. High Jump - Men (Women will follow)

Long Jump - Women (Men to follow) Shot Put - Women (Men will follow) Discus - Men (Women to follow)



11:30 p.m.
1000 Meter Steeplechase - Women
12:35 p.m.
12:35 p.m.
12:40 p.m.
12:45 p.m.
1500 Meter Run - Women
1500 Meter Run - Men

1:15 p.m. 100 Meter Hurdles - Final - Women 1:25 p.m. 110 Meter Hurdles - Final - Men

1:35 p.m. 400 Meter Dash - Women 1:45 p.m. 400 Meter Dash - Men

1:55 p.m. 100 Meter Dash - Final - Women 2:00 p.m. 100 Meter Dash - Final - Men 2:05 p.m. 800 Meter Run - Women

2:20 p.m. 800 Meter Run - Men

2:30 p.m. 400 Meter Hurdles - Women 400 Meter Hurdles - Men

3:00 p.m. 200 Meter Dash - Women 3:10 p.m. 200 Meter Dash - Men

3:20 p.m. 5000 Meter Run - Women 3:45 p.m. 5000 Meter Run - Men

4:15 p.m. 1600 Meter Relay - Women 4:25 p.m. 1600 Meter Relay - Men

5:00 p.m. AWARDS CEREMONY



