

The Full 90

The Official Newsletter of the Grove City College
Women's Soccer Team

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The Full 90

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The Full 90 is the official newsletter of the Grove City College Women's Soccer Team.

Team notches historic season

The 2007 season was historic in many ways. Not only did the team break out to a program-best 11-0-1 start, but it also matched the all-time high total for wins in a season at 16, set a new mark for least losses in a regular season at two, was named the No. 1 seed and host for the Eastern College Athletic Conference South Region Tournament and won the program's first-ever postseason game.

Along the way, many other milestones for the program were established. For the first time in the history of the program, the team forged a tie at



Stephanie Wild '09 and the 2007 team recorded a program-best 11-0-1 start on the way to an historic season.

Allegheny while the game was televised and shown on a local cable channel. Not only had we never been on television before,

but also no Grove City College team had ever tied or beaten Allegheny.

Please see SEASON, page 4

A uniting mission

Team uses soccer to share Gospel in South Africa

This past summer, members of the Grove City College women's soccer team embarked upon a journey halfway across the world. They traveled to South Africa in a mission to share their passion for soccer, and most importantly, their passion for God.

In November 2006, Coach Melissa Lamie was contacted by an international sports ministry organization, Ambassadors in Sport (AIS), about a possible opportunity in South Africa. By May, seven players had committed to the trip. Lamie would be joined by juniors Sara Griffin, Bethany Preston, Laura Shipley and Steffi Wild, as well as sophomores Jenny Inouye, Michelle Peck and Courtney Sicher.

The group spent the summer spiritually and financially preparing for the trip, which proved



Team members brought their passion for God and soccer to South Africa this past summer.

to be difficult considering the girls were scattered across the country. They were, however, able to organize into prayer partners, as well as have an online blog and Bible study.

Please see AFRICA, page 2

'We might be'

This year, as in past years, we chose a theme for the season. For 2007, we chose "We might be..." taken from a verse in Ephesians.

This idea was meant to convey the idea that we had potential, but had not yet realized it, so it was time to find out just what we could do. It also reflects the idea that we aren't just supposed to talk about being a Christian team, we are supposed to live it out – actually BEING for His glory.

In both regards, this theme came to exemplify the 2007 team. Not only did we fulfill our potential, but we did it in a way that brought God all the glory!

Captains' Corner

with 2007 captains Trisha Griffith '09 & Bethany Peck '08

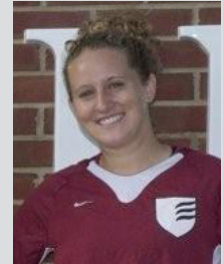
"You can't play soccer without passion." I think this quote from the movie "Bella" best exemplifies the key to our success this year. I have never met, let alone played soccer, with such a passionate group of people! I was continually astounded by the passion that this team had not only for the game, but also for one another, our opponents, and most importantly, the Lord.

Included in our preseason folder this year was a "Code of Conduct" for Christian athletes, which outlined guidelines for being a positive Christian witness during competition. From that very first day of preseason, the team really collaborated to make this code the most important part of our game. We decided that after each game we would invite the other team to pray with us. This made it crucial that we play as witnesses during the game!

While a 16-4-1 season is pretty spectacular, I think that most of our victories were won when our opponents accepted our invitation to pray after the game.



Trisha Griffith '09



Bethany Peck '08

Coach, players minister through love of game

From page 1

"We had no idea what we were going to be doing, so we just prayed for God's presence," explained Peck.

With the help of leaders at AIS, the team chose 1 Chron. 16:23-24 as the trip's theme verse. The verse, along with AIS's belief in "hope through football, not hope in football," was ingrained in the minds of each player as they landed in Pretoria on Aug. 1.

The first few days of the trip included orientation activities and learning the history of AIS and of its progress. The group also jumped right in to some ministry opportunities by running a soccer clinic on its second full day in town. This was the first of several clinics the group would lead during the trip. The clinics included time to work on specific soccer skills as well as time to witness. One of the ways the athletes conveyed their faith was



Team members (in maroon) pose with Pollsmoor Prison (red) and wardens (brown) after a friendly in Cape Town.

through the use of skits – the favorite being "The Sin Chair."

The team played several exhibition games as well, including one against the U-19 South African National Team and one against the prisoners of Pollsmoor Prison. The games provided an incredible opportunity to interact and build relationships with the South African people. "Every experience has its own lesson,"

Sicher explained. "We spent the most time hanging out with the U-19 team, getting them to open up, and seeing their passion for sports. We don't realize the passion the world has for soccer being in the United States, but it's great having it as a common ground."

From this common ground, the team initiated conversations concerning faith with others at churches, schools, homeless

shelters and even the prison and an orphanage. "We hope we had a positive impact on all those wonderful people over there, but the impact on us as individuals was unbelievable," said Lamie.

The impact of the trip also went beyond the two weeks spent in Africa and extended well beyond the eight people involved. The lessons learned on that trip were carried over to the fall season and the rest of the Grove City College team. Using the idea of soccer as a tool for witness and worship became one of the goals of the team over the course of the season. We played under a specific "Code of Conduct" and asked teams to pray with us after the games. This was a direct reflection of the things we did in South Africa.

- Mallory Skarupa '09
Collegian Sports Editor

Varsity team builds off of 16-year history

Our varsity women's soccer program is actually one of the newest additions to the varsity sports here at Grove City College, having played its inaugural varsity season in 1992, only 16 years ago. Many of today's players don't realize the hard work it took to establish the program we enjoy today.

During the 1990-91 school year, a group of women, organized by Susie McCoy '93, Sheri (Wolfe '93) Helmer, Kathie (Lemons '93) Brown and Ann (Richards '93) Thomas, began to meet for some "practices." Fellow student Matt Knouse '92, who had earlier played on the men's team, served as the "coach" for the girls. Though things were very unofficial, and no real games were played, this group would form the basis for the program to come.

During the 1991-92 school year, the group became more serious about the sport. The ladies applied for and received approval for club status with professor Dr. Andrew Markley '82 agreeing to serve as the adviser. Thomas and Brown were elected president and vice president and would serve as team captains. McCoy was named secretary and Nancy (Becker '93) Kachulis was appointed treasurer. The club played several games against fraternity teams here on campus and organized one official intercollegiate match against the Westminster club team.

On May 2, 1992, during Parents' Weekend, the team hosted the match at Hunter Field in Grove City. A hard fought 2-1 win in front of the Parents' Weekend crowd led to much talk and excitement about the team. The athletic director at the time, Jack Behringer, encouraged the ladies to go ahead and apply for varsity status. Coach Donald Lyle, head coach of the men's team, was also a key backer of the idea. A proposal was submitted as the ladies left for summer break, with the intention of playing at least one more season of club ball before they would be approved. Late in the summer, however, the team leaders were informed of the decision to grant varsity status for the fall of 1992. Randy



The 1992 women's soccer squad, pictured above, was Grove City College's first varsity team.

Hudson '92, a fifth-year senior who had played for Coach Lyle, was named the interim head coach for the team.

The ladies returned to campus with much excitement and anticipation. Several players who had been members of the club program left the team, not wanting to commit to a varsity sport, but many new players were added who looked forward to the commitment.

On Monday, Sept. 14, the squad traveled to Allegheny for the first-ever varsity contest. A 6-0 loss did not dampen the spirit of the team. The first home game was played on Saturday, Sept. 19 against Steubenville. Although the team dominated play, outshooting Steubenville 20-2, the final horn found Grove City on the losing end of a 2-1 final score. The first Grove City College varsity goal was scored by Amy (Cundiff '97) Milcic, unassisted.

Grove City College experienced its first win a couple weeks later when they traveled to Steubenville for a rematch. This time the final score reflected the Wolverine dominance in a 5-1 win. A rematch with Allegheny later in the season would reflect the growth and progress of the team. After the earlier 6-0 loss, a 3-2 loss, after holding a 2-1 halftime lead, was proof of the learning and building taking place.

The season ended with a 3-9-1 record, and new head coach, Melissa Lamie was hired at the end of that school year. She would take over the program and, building on the foundation laid by that

1992 Roster

5	Jen Komon	Jr.
6	Amy Cundiff	Fr.
7	Ginger Mobley	So.
8	Suzie McCoy	Sr.
10	Leslie Horner	So.
11	Janelle Clouser	So.
13	Becky Hoaglund	Fr.
14	Carrie Lippert	So.
15	Sheri Wolfe	Sr.
16	Kathie Lemons	Sr.
17	Erin Lagan	Sr.
18	Ann Richards	Sr.
19	Nancy Becker	Sr.
20	Elizabeth Beyer	Jr.
21	Nikki Fogle	Sr.
22	Shawna Martin	So.
23	Colleen Rowe	Fr.
24	Lisa Carlson	So.
25	Amy Davis	So.
26	Bridget Patrick	Fr.
27	Heather Gulnac	Sr.
28	Brittany Stephens	So.
29	Amanda Becker	Fr.
30	Leslie Daugherty	So.

initial team, would lead the 1993 squad to a 9-6 overall record.

Believe it or not, the tradition of "Secret Soccer Pals" began with this very first 1992 squad and has continued ever since. Many other firsts from this group of dedicated young women led to the ultimate success of our program today.

Players earn numerous postseason awards

Postseason awards for the 2007 squad were numerous and announcements of the awards lasted well into 2008.

The first group of awards was announced just after the season ended with four Grove City College players earning spots on the All-Conference teams. Three players graced the First Team: freshman Emily Ostlund, a midfielder who led the team in goals scored and also finished second in the conference in that category; junior defender Kristin Colley, who anchored the defense that gave up only 18 goals on the year and posted

11 shutouts; and junior forward Stephanie Wild, the second leading goal-scorer on the squad and fourth leading goal scorer in the conference. On the Second Team was sophomore midfielder Elise Bender, who led the team in assists.

In late December, the NSCAA All-Region Teams were announced. In its 16 year history, our program has produced only two NSCAA



Emily Ostlund '11

All-Region players before this season (see related story), so it was monumental to have three All-Region players named from the 2007 team. Ostlund was named to the First Team All-Region, while Wild and Colley were both named to the Second Team All-Region.

A recently initiated web site, D3kicks.com, has been up and running for the past two seasons. The web site offers exclusive coverage of NCAA



Kristen Colley '09

Division III soccer all year round. At the conclusion of the season, it also selected All-Region teams, which were announced in January. Once again, Ostlund and Colley were honored with First and Second Team spots, respectively.

The individual successes of these players was celebrated by all the members of the team, as they recognized the value of team success contributing to these individual awards.



Stephanie Wild '09

Team members recognized for work in classroom

Not only were many Lady Wolverines rewarded for their onfield efforts during the 2007 season, but many were also recognized for their outstanding achievements in the classroom.

A school-high nine women's soccer players were named to the PAC Academic Honor Roll. To be on this list, a student-athlete had to achieve a GPA of 3.6 or better during the fall semester. Honorees included sophomore Elise Bender, senior Alix Flowers, junior Esther Harclerode, junior Rebecca Hurley, freshman Emily Ostlund,

junior Diana Prangel, sophomore Courtney Sicher and sophomore Lauren Woodring.

Three team members were named to the CoSIDA Academic All-District College Division teams. Third team honors went to junior Bethany Preston and sophomore Lauren Woodring, while senior Alix Flowers was named to First Team. Flowers earned All-District honors as a junior.



Alix Flowers '08

As a member of the first team, Flowers remained on the ballot for All-American status. Later in the year, she was named a Third Team Academic All-American. She is just the second player in our program to receive such a distinction (Meg (Tilley '04) Musselwhite was on the Academic All-American Second Team in 2002 and First Team in 2003).

The team received the NSCAA Team Academic Award for the sixth time in seven years. This is awarded to all teams with an overall GPA of 3.0 or better.

2007 season historic with unbeaten start, ECAC tourney

From page 1

Strictly by the numbers, this Grove City team was likely the best defensive team ever, giving up only 18 goals on the season en route to a .85 goals against average and a season record 11 shutouts.

The team started the year off winning the Grove City-Westminster Labor Day Classic by posting wins over Adrian College out of Michigan and Aurora College from Illinois

(who went on to receive an at-large bid to the NCAA tournament). Wins over Pitt-Greensburg, Lake Erie, LaRoche, Mt. Union, Penn State Behrend, Baldwin-Wallace and an Allegheny tie completed the non-conference slate.

A 5-2 Presidents' Athletic Conference record meant a No. 3 seed for the PAC Tournament and a trip to rival Westminster. A tough 2-1 loss meant no

NCAA bid for the team, but attitudes quickly changed when we were awarded the No. 1 seed in the ECAC Tournament.

The season will also be remembered as the one during which Coach Lamie reached the 150-win plateau with a 3-0 win at Bethany.

The most memorable part of it all will be, as always, the friendships formed and forged on and off the field!

Weekly honors

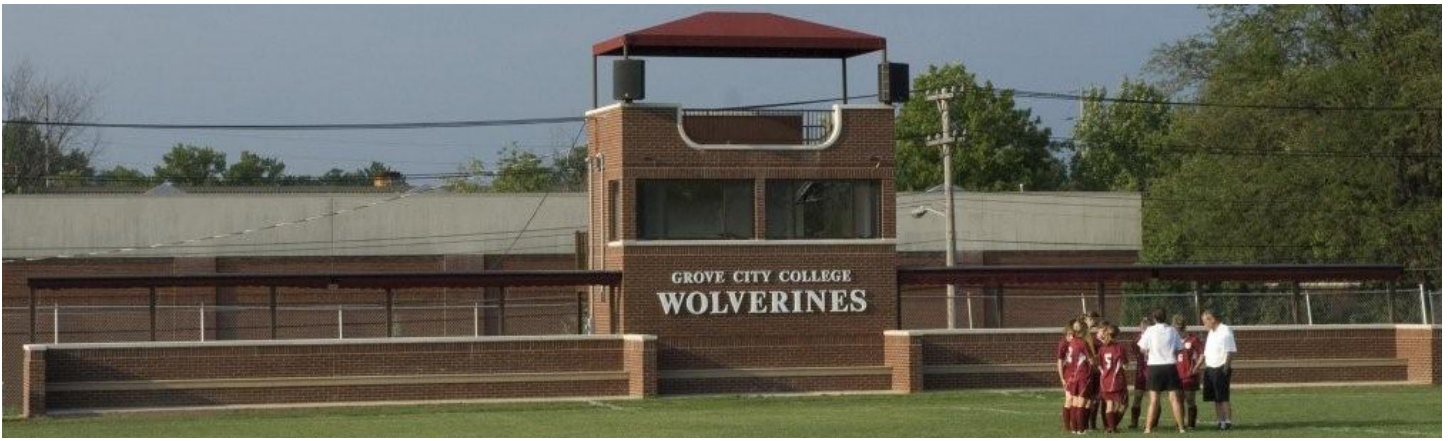
PAC Player of the Week

Sept. 9: Courtney Sicher
(Defensive Player)

Sept. 30: Bethany Preston
(Defensive Player)

ECAC Player of the Week

Sept. 30: Bethany Preston



The new soccer complex is nearing completion, thanks to the generosity of alumni and friends of Grove City College's soccer programs.

Alumni donations spur soccer complex project

Those in attendance at Homecoming were able to see and tour the new brick press box and bench area as well as experience the recently reseeded field surface. In addition, the old scoreboard has been resurfaced and a new scoreboard was added at the base of the bleachers. These awesome additions to the complex were completely funded by former players and friends of the men's and women's soccer team.

While the entire project has come very far, there is still more to be accomplished. During the Men's Soccer Hall of Fame ceremonies this year, former coach

and current Athletic Director Dr. Don Lyle announced the next phase of the ongoing field project. Lyle spoke about the requirements for hosting NCAA postseason play and explained that when the NCAA evaluates venues, it looks at three areas: press box/media area, seating and lighting. The minimum seating requirement to host tournament play is 1,000 seats. Currently, the soccer complex seats 300. To expand the bleachers to the minimum requirement will require \$130,000.

To date, more than \$122,000 of that money is already donated or committed.

Thus, less than \$8,000 is required to finish the next stage of the project (this is down from the \$35,000 that was needed at Homecoming).

Thanks to all of you who have contributed to the project so far. Hopefully, through the continued support of alumni and friends, this goal can be met and construction of the additional seating can take place as soon as possible.

Throughout the years, we have shown that our group is one of the best, if not the best represented groups on campus. Thank you so much for your continued support of the soccer programs!

College hosts first ECAC tournament in 2007

For the first time in program history, Grove City was awarded the No. 1 seed for the Eastern College Athletic Conference Tournament. This meant that the team would host a first-round game on Wednesday and if it won, would host the semifinals and finals on the weekend.

The first women's soccer postseason game at College Field was a rousing success as Grove City came away with a hard-fought 3-2 victory over Juniata. After falling behind 1-0, the Wolverines answered when captain Bethany Peck nailed her first goal of the season with a long left-footed strike to the upper corner. The momentum of this goal turned the tide for the Wolverines. Just before the half, Stephanie Wild finished a chance to take the 2-1 lead into halftime. Grove City extended the



Bethany Peck '08 helped the team to a hard-fought 3-2 victory in the tournament's opening round.

lead to 3-1 with just under 10 minutes to play as Michelle Peck headed home a corner by Sara Griffin. A late goal off

a set piece by Juniata left the Wolverines up 3-2 at the final horn.

The semifinal pitted the Wolverines against the Cardinals of Catholic University. It was a beautiful game by both teams with several chances on each end turned away. After 80 scoreless minutes, the Catholic team finally put home a long shot to advance to the finals.

The finals went scoreless for 90 minutes plus the overtime. In the shootout, Swarthmore finally prevailed to take the title.

The postseason experience will go a long way toward building for the future, particularly the upcoming 2008 season. With nine of 11 starting players and several key reserves returning, the team hopes to duplicate the successes experienced in 2007.

A look back: 2004 grads earn All-Region

Only two players prior to this season had achieved the status of All-Region. Both of these players were part of the Class of 2004, the graduating class with the most career victories to their name at 55. Danielle (Balliet) Weber and Meg (Tilley) Musselwhite were key members of both the 2002 and 2003 squads that were selected to play in the NCAA Tournament.

A look in the Grove City record books will give you a good idea of the kind of player Musselwhite was. She currently holds the career records for goals at 68, assists at 35, and points at 171. She also holds records for a single season in goals (her 25

goals in 2002 is tops on the list) and points (59 points in the 2002 season). She is also second, third and fourth on the single season assists list with 11 in 2000, nine in 2002 and eight in 2001. Musselwhite was a starting forward for four years whose offensive fire power drew much attention from our opponents. She is currently our only two-time All-Region player with a Second Team spot in each of her junior and senior seasons. Along with her success on the field, Musselwhite also excelled in the classroom as evidenced by her selections as an Academic All-American in both her junior and senior years.

The other All-Region player in our history was Weber. Rather than being known around the area statistically, Weber stood out because of her relentless play. Whether she was defending from the back line or getting involved in the midfield, opposing coaches were always well aware of her presence on the field. Anyone who played with Weber remembers that her work ethic extended to each and every practice, and her love for her teammates and her enthusiasm for the game were unrivaled. She provided strong leadership on and off the field and she was recognized during her senior season as a Second Team All-American.

Where are they now?

Musselwhite, Weber share memories of years playing on the team

Meg (Tilley '04) Musselwhite is married and lives in Williamsburg, Va. After graduating with a double major in English and history, she went to grad school at William and Mary. She works for the Omohundro Institute of Early American History and Culture as an assistant editor of the newsletter and an assistant director at the institute.



Meg (Tilley '04) Musselwhite

Her favorite memory from her time playing soccer is “waiting to hear whether we’d made it to a postseason tournament during my junior year (the 2002 season). The phone rang really early one morning and I answered it groggily. It was Susannah Cafardi and she said, ‘Guess what? We’re going to NCAAs.’ It took a moment for that to sink in but, once it did, all the morning fog cleared out of my brain. I think we all spent the rest of the day grinning like fools at each other. I also spent it trying to think of more people I could tell just for the sheer joy of repeating over and over again that we were going to NCAAs. It was an amazing feeling.”

Danielle (Balliet '04) Weber is married and lives in Pittsburgh, Pa. She graduated early from Grove City College (a common trend among women’s soccer players) and began working in the insurance business.



Danielle (Balliet '04) Weber

Her favorite memory of Grove City soccer “was putting on my uniform for the last time in the Ithaca locker room for the NCAA playoffs. I was the last one

in the locker room before the start of the game. A flood of memories flashed through my mind – remembering the ache in my stomach prior to the one-mile run on the first day of freshman preseason and everything that followed in those four years. It took everything in me to keep from crying. I was certain that coming to Grove City and, even more than that, joining the soccer team was the best decision I had made in my life to that point.

“I was/am eternally grateful for the lessons I learned and the friends I made!”

In retrospect

Turning back clock from 2007 season

2002 team 1st to go to NCAAs

After a 13-7-2 regular season and an 8-1-1 PAC record, the 2002 squad became the first Grove City women's soccer team to ever make the NCAA playoffs. The team began the year with a bonding three-day trip to Michigan to take on Hope College and Calvin College, Coach Lamie's alma mater. The trip resulted in a split, with an overtime win at Hope and a narrow loss at Calvin. Traditional non-conference foes Carnegie Mellon University, Allegheny College, Penn State Behrend



and John Carroll University dotted the schedule, but a key early-season result was a 3-3 tie at Frostburg State University.

All the usual PAC conference foes were handily defeated, but with Westminster College now in the PAC, they became immediate rivals. Our regular season games with them resulted in

a 1-0 loss at their field and a freezing cold 1-1 OT tie at our field. This set up the third match with them in the PAC Championship game, which they won 2-0. Though disappointed, the Wolverines were unexpectedly named to the NCAA tournament two days later.

The trip to Nazareth, Pa., was a great one. With Meg

(Tilley '04) Musselwhite leading the way with two goals, the team put up a great fight in their first-ever NCAA game. Though the end result was a 3-2 loss, the whole experience was a great learning one and the memories of it will last forever.

Players earned a number of postseason awards. All-PAC First Team honorees were Danielle (Balliet '04) Weber, Karen (Reefer '03) DeLorenzo and Musselwhite. Second Team awards went to Katy Turman '03, Autumn Hubbard '05, Katie (Klingensmith '06) Williams and Michelle (Novosel '05) Dudash. Musselwhite was also named to the All-Region team.

1997 team wins 3rd straight title

Despite losing four All-PAC First Team honorees from the previous year and three of the top four scorers, the 1997 squad was still able to capture the PAC title, making it the third consecutive title for Grove City. A tough non-conference schedule made the record 8-7-2 overall, but a 3-0-2 record in the PAC put the ladies in second place. Since this would be the first year that the title would be decided by a conference tournament, the



team was ready to take the challenge.

The semifinals saw the Wolverines defeat a tough Bethany squad 3-2, and the finals would pit them against

Alfred, a newcomer to the conference. Just one year previous, Alfred had beaten the Wolverines handily, but the team was determined to prove that result a fluke.

Led by All-PAC First Team member Jody (Swauger-Simms '98) Armstrong, the team played its finest game of the year and came away with a 4-0 victory.

Many players contributed to the dominating performance, particularly All-PAC Second Team awardees Rebecca Brooks, Autumn (Early '00) Godot, Laura (Gullberg '98) Winters, Johanna (Knight '98) Richman, and Michelle (Maegle '99) Hoke.

Armstrong was named the MVP of the Conference, and Coach Lamie was named Coach of the Year.

Grove City, Westminster rivalry: Roots in early years

Throughout the history of Grove City College women's soccer, there has been

no greater rival than nearby Westminster College. Every game is a battle, and the stakes are always high.

This rivalry began back in 1991 when the club team played its first official game with Westminster on May 1. Westminster

had a club program at the time as well. The game was a tight one, as always, but resulted in a Grove City 2-1 victory.

As the first ever official contest for Grove City College women's soccer, there couldn't be a better way to start things off!

2008 Schedule

Aug. 29	Medaille	Home	5:30 p.m.
Aug. 30	Mt. St. Joe's	Home	3:30 p.m.
Sept. 5-6	Fredonia Tourney	Away	TBA
Sept. 10	Allegheny	Home	4:30 p.m.
Sept. 13	La Roche	Away	1 p.m.
Sept. 16	Behrend	Home	4 p.m.
Sept. 20	John Carroll	Home	noon
Sept. 23	Baldwin-Wallace	Away	7 p.m.
Sept. 27	Mt. Union	Away	1 p.m.
Oct. 1	Carnegie Mellon	Away	7:30 pm
Oct. 4	Thiel	Home	noon
Oct. 8	Bethany	Home	4 p.m.
Oct. 10	Waynesburg	Away	TBA
Oct. 15	St. Vincent	Away	4 p.m.
Oct. 17	Thomas More	Home	1 p.m.
Oct. 18	Alumni (Homecoming)		8:30 a.m.
Oct. 23	Chatham	Home	4 p.m.
Oct. 25	W & J	Away	3 p.m.
Oct. 29	Westminster	Away	7:30 p.m.
Nov. 1	Geneva	Home	2:30 p.m.
Nov. 5	PAC Semifinals		
Nov. 8	PAC Championship		
Nov. 9	NCAA Selection Sunday		
Nov. 10	ECAC Selection Monday		



**Don't miss the
2008 Alumni Game.**

**Saturday, Oct. 18
8:30 a.m.
College Field**

Thinking of coming to a regular season game?

If you plan to attend one of the 2008 matches to cheer on the women's soccer team, please contact Coach Lamie ahead of time. We'd love to see you there!

Call (724) 458-2128 or e-mail mdlamie@gcc.edu.

