

The Full 90

The Official Newsletter of the Grove City College
Women's Soccer Team

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The Full 90

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*The Full 90 is the official newsletter
of the Grove City College
Women's Soccer Team.*



From left, Emily Ostlund '11, Michelle Stevens '14 and Grace Rieman '13 had a lot of reasons to celebrate

Team makes trip to ECACs

The 2010 season, just like the 2009 and 2007 seasons, ended with the Wolverines in the ECAC South Region playoffs. Because a team must be selected by a committee to make the ECAC playoffs, this is a measure of overall season success. For the third time in four years, the Lady Wolverines did experience much success over the course of the season.

The year started out with a co-championship in the Labor Day shootout with wins over Pitt-Johnstown and Oberlin. The following weekend saw the Wolverines on the road at John Carroll for two tightly contested games on the turf. A close 2-1 loss to Case Western, a regionally ranked team, was a boost for the team's progress.

The remaining games leading up to PAC play saw the team experience one-goal losses against CMU and Allegheny, both regionally ranked teams, and big wins with big scores: Behrend 7-0, Baldwin-Wallace 4-1 and Mount Union 4-0.

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Postseason awards abound for team, players

The 2010 Grove City College women's soccer team was recognized both as a team and as individuals for athletic, academic and sportsmanship accomplishments.

Senior Hannah Yang was named PAC Player of the Year, which is the highest award a player can receive. She led the

team with 18 goals and 40 points and started all 21 games this season. Her 18 goals were the second most in program history. She was a key to the team's offensive fire-power.

In addition to Yang, four players earned All-PAC recognition. Yang and senior Emily Ostlund received First-Team

honors. This was Ostlund's fourth All-PAC honor. She finished the year with 16 points.

Second Team honors were received by junior Emily Hurley and sophomore Grace Rieman.

Hurley scored a total of 11

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Captains' Corner

As captains of this team, we were faced with a unique challenge this year. It was very different to start a season with half of the team being freshmen. Not only were they new to the school, but they also were new to the team, which has goals and values of its own. It was our job to show the new players what we're all about and hope that they would fit in well with the returning players.

What seemed like a challenge, though, really was more like a blessing. We all got to know each other better and made an effort to reach out to the freshmen as well. When we showed the rookies new things or explained something we had done in the past, they were always open minded and willing to learn. Their positive attitudes really helped us and made it easier on us as leaders.

We continued to worship as a team and share

our love for the Lord, which brought us closer in many ways. It seemed like we had all known each other for years by the way we interacted and played together. On the field, we challenged each other to play better and off the field, we developed great friendships. As captains, we wanted to create an ideal environment for everyone to work hard and play their best.

We could really tell that the younger players admired and respected us as captains, which held us to an even higher standard. On and off the field, we were an example for them and many have expressed their gratitude to us. It was such a great experience leading this team with so many new players and incorporating them into this program.

Laura Novosel, Emily Ostlund and Courtney Sicher

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The team discovered a propensity for scoring bursts, which would become a trademark in their wins.

PAC play opened with a disappointing 3-1 loss at W&J, but the team quickly rebounded for its largest margin of victory ever over Westminster, a 5-0 victory. Big wins against Bethany 4-1, Geneva 5-0, Thiel 6-0 and Saint Vincent 7-0, along with one-goal losses to host Waynesburg and nationally-ranked Thomas More meant the team finished as the No. 3 seed for the tournament.

In the semifinal at W&J, the team more than atoned for its previous showing against the Presidents by outplaying them for the majority of the match. A nil-nil halftime score was erased when leading scorer Hannah Yang found the net in the 58th minute.

The Wolverines could not close out the win, however, and a late W&J goal tied it up. After a scoreless overtime, a loss in the shoot-out meant the PAC season was over.

The ECAC bid, however, was a welcome addition to the schedule. As the No. 2 seed, the Wolverines hosted



The Wolverines found the back of the net often in 2010, averaging 3.57 goals per game.

Misericordia in what would be the first ever meeting between the two schools. After falling behind 1-0 at the half, the team found its stride and returned to form in the second half, exploding for five goals and its biggest postseason win in school history.

The victory meant a trip to the semifinals in Frostburg, Md., on the weekend and a match against Marywood University. The Wolverines could not penetrate Marywood's tough defense and the game ended in a hard-fought 1-0 loss

to the eventual tournament champions.

A trip to the ECAC tournament proved to be a fitting end to the 2010 season as it reflected the success and progress of the team over the course of the year.

The team set many records during the season, including the most goals scored in a season with 75 goals in 21 games. The previous record was 73 set by the 2002 team that played 22 games. Our 3.57 goals per game was eighth best in the entire country.

We are family: Sisters take the pitch together

Over the years, the Grove City College women's soccer team has grown to interact and play as if it were a family, not just teammates. While this bond is due to the close relationships developed from countless hours spent practicing and playing on this team, there have been many blood-related bonds as well. A number of sisters have played on this team, whether together or separately, and that is a unique feature of this program.

Starting in 1992, the Becker sisters played together on the first-ever Grove City College women's soccer team. Little did they know that this would be a trend for years to come. Coach Melissa Lamie even falls into this category of sister pairs when she coached her own sister, Meredith Van Heukelem, who played on the team in 1999.

Besides sisters, there was also a pair of cousins when Danielle (Balliet '04) Weber and Katie (Klingensmith '06) Williams shared the field. Keeping it in the family has seemed to be a good influence for others and has even brought the team closer.

By watching this team play, one can sense a love for each other that goes beyond teammates and it can be attributed to the inspiring legacies left by the sisters that have shared this experience together.

Kristen Colley '09, older sister to teammate Cara '12, commented, "I think I realized that I definitely wanted my sister to play at Grove City after two years of seeing Bethany '08 and Michelle '10 Peck play together. I just kept thinking how lucky they were to play together as sisters at the same time for the same team."

The Colleys and the Pecks were just a couple of many other sister pairs including the Hertzels, Mills, Novosels and the Hurley sisters. While Laura Novosel '11 and Emily Hurley '12 never got to play together with their older sisters on the same team (Michelle '05 and Rebecca '09, respectively), they still



Novosel sisters: Michelle '05 and Laura '11



Peck sisters: Michelle '10 and Bethany '08

shared a connection with them. Hurley believes, "it helped me that I came in knowing some girls that were friends with my sister, so even though I didn't get to play with her directly, I still felt connected to her when those girls became like my big sisters on the team."

The women on this team continue to share a sisterly bond to this day and it is anticipated that there will be more family members on the Wolverines' roster in the future. This special bond, though, can be achieved not only through blood and the love of soccer, but also because these girls share a love for Christ. Whether sisters genetically or not, they are all sisters in Christ, which is plenty for them.

Peck described this experience perfectly when she said, "By the end of my time at Grove City, my teammates all felt like sisters. Sharing soccer and faith together creates an extremely strong bond."

Sisters, Teammates

Beckers
Colleys
Hertzels
Hurleys
Mills
Novosels
Pecks

Wolverines return to South Africa

After the squad's exciting trip to South Africa in the summer of 2007, the team had been planning to return the summer of 2010, the summer of the World Cup. The group that the Wolverines worked with in 2007, Ambassadors in Sport (AIS), is a ministry organization based in the United Kingdom that has a full-time soccer ministry in South Africa. Even during the 2007 trip, the group was beginning to plan for a major outreach opportunity in 2010, when South Africa would host the World Cup.

Last May, nine players and three coaches returned to South Africa to be part of that outreach.

For two weeks, just a few weeks before the opening match, the team was a part of school visits, soccer clinics, competitive matches and also church partnerships for the purpose of encouraging those folks in their plans for outreach during the World Cup. The country was eagerly anticipating the event, so interest in soccer was at an all-time high. It was evident everywhere the squad went that this was a huge opportunity for AIS and its partners. The Wolverines certainly felt privileged to be a small part of it.

During the visit, one place that really touched the squad's hearts was a school in Cape Town called the Fellowship Baptist Church School. The team spent an afternoon there visiting and playing with the kids and learning about their lives. They were among the poorest of the poor, and the church uses this school as an outreach to them and their families. The school became a point of contact for the Wolverines as they returned to the United States and came together for the 2010 season.

Early in September, members of the team gave a chapel presentation about the trip, and the FBC school in particular. The squad presented the opportunity for people to give money to be sent to the school, and the team's first gift to them exceeded \$2,500! Later in October,



Members of the Grove City College women's soccer team enjoyed spending time with the children of South Africa.

the team made the same presentation in a local church and they were able to give another \$400 to the school.

Throughout the season, the Wolverines adopted several of the highest-needs kids as special prayer partners. The team was split into several small groups and each group had two kids to pray for throughout the season. These prayer groups have continued even to today.

The soccer squad has plans to run another fundraiser for the school in April, and they have been in touch with the principal of the school. He sends out prayer needs and pictures of the kids periodically. This sort of ongoing relationship with people in South Africa has made the Wolverines' trips there even more meaningful.

Not only has the team been a part of a great outreach effort in South Africa, but the Wolverines have also been able to expand upon this outreach mentality and make it a part of the team's culture. Many of the players are participating in short-term mission efforts on their own this summer, and future trips for the team will always be something which the Wolverines look forward to.





Hannah Yang '11

2010 season point leaders

Hannah Yang, 40 pts.

Grace Rieman, 24 pts.

Emily Hurley, 22 pts.

Emily Ostlund, 16 pts.

Michelle Stevens, 16 pts.



Emily Ostlund '11

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goals, second on the team, and Rieman contributed six goals and a team-high 12 assists. Freshman Lydia Caissy received Honorable Mention for her outstanding performance on defense.

Yang also received regional honors for her outstanding play this season. She earned Third Team All-Great Lakes Region from the National Soccer Coaches Association of America (NSCAA).

As a whole, the team was recognized for its outstanding sportsmanship on the field. For the third year in a row, Grove City College received the NSCAA Gold Team Ethics Award of Merit - the highest level of recognition. The Lady Wolverines are the only team in the entire country, all divisions, men or women, to have won the Gold Level Award for three consecutive years!

The Wolverines also were honored in the PAC with the team sportsmanship award. This award has been in existence for only three years, and the Lady Wolverines have won the award all three years. This award is given by a collective vote of all the Presidents' Athletic Conference coaches. Finally, the NSCAA awarded Grove City College a 2010 Team Academic Award for having over a 3.0 GPA as a team. The Wolverines have won this award 10 times in the last 12 years.

Many players were recognized individually for their academic achievements during the season. Two women earned Academic All-District honors from "ESPN The Magazine" and the College Sports Information Directors of America (CoSIDA). Ostlund received First-Team honors and Yang received Third-Team recognition.

Nine players were also recognized on the PAC Academic Honor Roll for earning a GPA of 3.6 or higher during the fall semester. Those recognized included freshmen Lydia Caissy, Jessica Heck and Tiffany Yost, sophomores Julie Apple and Sarah Peachey, junior Arielle Goyzuetta and seniors Hannah Hertweck, Hannah Yang and Emily Ostlund.

2011 Schedule

| | | | | | | | |
|----------|---------------------|------|-----------|---------|------------------------|------|-----------|
| Aug. 27 | LaRoche (scrimmage) | Home | 1 p.m. | Oct. 5 | Thomas More | Away | 3:30 p.m. |
| Sept. 2 | D'Youville | Away | 7 p.m. | Oct. 7 | Waynesburg | Away | TBA |
| Sept. 7 | Heidelberg | Home | 4 p.m. | Oct. 11 | Thiel | Away | 4 p.m. |
| Sept. 9 | Case Western | Away | 5 p.m. | Oct. 15 | W&J | Home | 1 p.m. |
| Sept. 10 | John Carroll | Away | 2 p.m. | Oct. 18 | Chatham | Away | 3:30 p.m. |
| Sept. 14 | Allegheny | Home | 4:30 p.m. | Oct. 21 | Geneva | Home | 4 p.m. |
| Sept. 17 | Baldwin-Wallace | Home | 3:30 p.m. | Oct. 22 | Susquehanna | Away | 2:30 p.m. |
| Sept. 20 | Penn St. Behrend | Away | 4 p.m. | Oct. 26 | Saint Vincent | Home | 1 p.m. |
| Sept. 22 | West Liberty (JV) | Home | 4:30 p.m. | Oct. 29 | Westminster | Away | 2:30 p.m. |
| Sept. 24 | ALUMNAE GAME | Home | 8:30 a.m. | Nov. 1 | PAC SemiFinal | TBD | |
| Sept. 29 | Mt. Union | Home | 4 p.m. | Nov. 5 | PAC Final | TBD | |
| Oct. 1 | Bethany | Away | 1 p.m. | Nov. 9 | ECAC/NCAA First Rounds | | |

Save the Date:

Alumnae Soccer Game

Sept. 24 at 8:30 a.m.

Soccer Field

