

theFULL90

The Official Newsletter of the Grove City College
Women's Soccer Team

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The Full 90 is the official newsletter
of the Grove City College
Women's Soccer Team.



Team celebrates 200th win, reflects on program beginnings



On Oct. 18, the Grove City College women's soccer team celebrated its 200th program win with a 9-1 victory over Chatham University. The storied program, now in its 20th season, started in 1992, the birth year of many current players.

With eight different Wolverine players capitalizing on net, the 9-1 victory reflected the overall unity of heart, mind and soul the team possessed throughout the season – a testament

to the leadership of Coach Melissa Lamie and the returning players. The 2011 squad saw the addition of one of the larger freshman classes in team history with nine new players on the roster.

Despite the potential challenge of bringing 27 players together, the team became a family.

The squad worshiped and shared their

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Accolades abound for Wolverines

The 2011 Grove City College women's soccer team had much to celebrate this season, both as a team and as individuals. Recognized for its athletic and academic accomplishments, the team had another impressive season.

Junior midfielder Grace Rieman earned PAC First-Team honors after leading the team in

points. She finished the season with six goals and four assists. This is the third consecutive All-PAC honor for Rieman, who earned First-Team her freshman year and Second-Team her sophomore year. She also received Second-Team All-Region

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Coach Lamie celebrates success

The 2011 season was one of the most memorable years for long-time head coach Melissa Lamie. The summer began with a family mission trip to Gabon with her church, husband Steve '85 and daughter Melia. When she returned, she posted on her blog that she wanted to bring "at least a little bit of the Gabonese pace of life back to her world here" by focusing on relationships and placing others first. Coach's prayers were answered when she and her family served at "Summer's Best Two Weeks" for a month.

In their last week, the Lamies received a call from an adoption agency congratulating them on being selected to adopt twins! Shocked and overjoyed, they picked up newborns Caleb Michael and Rayna Joy and traveled back to camp to finish out the last week.

The twins' adoption was an answer to her prayers. After more than two years of trying to adopt and having their adoption profile shown to several families, God appeared to shut the door on their desire to have more children. Throughout the process, however, the Lamies continued to trust God's plan for their lives.

Earlier in the summer as a family reviewed their profile, ten-year-old Melia prayed God would allow the twins to go to the right family. She ended each prayer telling God *they* were the right family. Little did she know God agreed and the twins would soon become her baby brother and sister.

The twins' arrival came just a couple weeks before pre-season training began for the women's soccer team. Lamie was able to balance her hectic life at home with her hectic schedule with the team. In fact, the team truly became a family this season, as they shared in the lives of the Lamie family even more than usual.

If the twins were not enough of an answer to her prayers, God also awarded Coach with her 200th career win as head coach of the women's soccer team with a 3-1 victory over PAC foe Saint Vincent. Lamie is the first conference women's soccer coach to reach the 200-win plateau and finished the season with a career record of 201-143-26 in 19 seasons at Grove City.



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from the National Soccer Coaches Association of America (NSCAA).

In addition to Rieman (pictured), Second-Team honors were received by sophomores Jessica Heck and Sarah Cessar, who both started all 20 games for the Wolverines.

Determined to win a starting position, Heck's work ethic, leadership ability and ball skills allowed her to play a pivotal role in the team's defense this season. She finished the year with one goal and helped the team to six shutouts.

After battling an injury her freshman year, midfielder Cessar also had a breakout season. She scored four goals and had the second most shots on the season with 37, 19 of which were on goal. Cessar was also named the PAC Offensive Player of the Week on Sept. 6.

Sophomore Michelle Stevens received Honorable Mention for her outstanding performance in the midfield.

As a team, the Wolverines exhibited Christian principles on and off the field. The team was rewarded for its outstanding sportsmanship with the Silver-Level Ethics Award from the NSCAA, the second highest level of recognition.

The women's soccer team was also honored for its academic achievements. The NSCAA awarded Grove City College a 2011 Team Academic Award for having a 3.0 GPA or higher as a team. The Wolverines have won this award 11 times in the last 13 years.

Senior Arielle Goyzueta was recognized for her academic achievements during the season. As an elementary education major, she earned the Academic All-District honor from the College Sports Information Directors of America (CoSIDA).

For the first time in team history, there was a three-way tie for the Most Valuable Player award. Senior captains Cara Colley and Emily Hurley, along with sophomore defender Lydia Caissy, were all honored by the team as the best representation of what the team is all about and who the team would least like to play without.

Senior Stars



The women's soccer team had much to celebrate this season. The team owes much of its success to the remarkable leadership of its five seniors.

Co-captain **Emily Hurley** leaves a legacy of humility, quiet strength and success. Finishing her junior year with the second most goals on the team (11) and Second-Team PAC honors, she began her final season determined to leave everything on the field. She quickly earned the respect of her teammates with her work ethic and caring heart. She tied with two of her teammates as 2011 team MVP. She will graduate with a degree in mechanical engineering and a minor in art.

Morgan Osterhouse was one of the most passionate members on the team. As a spiritual leader, she provided an example for her teammates through her enthusiasm as a Young Life leader. She played a pivotal role in making the team a family and her actions reflected her love for God, family, friends and soccer. Her smile was contagious and she pushed her teammates to be better every day. Osterhouse will graduate with a degree in mathematics.

Co-captain **Cara Colley** had one of the most unique personalities on the team. She will be credited for turning Lamie from "coach" to "best friend" and was responsible for bringing a sense of humor to the team dynamic. As a technical player, Colley made her teammates better by challenging them to improve their foot skills. She tied with fellow captain Hurley and sophomore defender Lydia Caissy as team MVP. Colley organized the team's Honduran mission

project this year and helped the team raise more than \$6,000 for the cause. She will graduate as a double major in Spanish and biology.

Defender **Christen "C-Val" Vallimont** will be remembered by the program for years to come. Entering her final season with a torn ACL, she made the decision to brace-up and play through her injury and postpone surgery until after the season. She earned the respect of her teammates with her mental and physical toughness. As one of the hardest workers on and off the field, she also set an example as a servant leader, filling teammates' water bottles and expecting nothing in return. Vallimont will graduate as a mechanical engineering major.

Arielle Goyzueta played an essential leadership role on the team. Leading by example, she came into pre-season fit after pushing herself throughout the summer. An excellent motivator, she helped to organize many team-building activities that brought the team together throughout the fall semester. Goyzueta helped lead the team in worship throughout the season by playing the guitar. As a student, Goyzueta succeeded in the classroom and was recognized as a CoSIDA Academic All-American candidate her junior year and earned the Academic All-District award from CoSIDA again her senior year. She will graduate with a degree in elementary education.

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love for the Lord through their actions on and off the field. The decisive 200th win was a humbling experience, as the team honored God, their school and all of the players who came before them, including 1992 MVP and team captain Ann (Richards '93) Thomas, who was present for the game.

After the milestone win, the team greeted Thomas and her daughter, Reagan. Thomas played a pivotal role in organizing the first Grove City College varsity women's soccer team with several of her friends, including 1993 graduates Sheri Wolfe, Suzanne McCoy and Kathie

Lemmons, during their sophomore year in 1990-91. The girls began playing pick-up soccer and later raised money for uniforms and equipment and played several fraternities and men's groups.

As club president, Thomas spent the summer contacting other teams to play. "This was not an easy task when school wasn't in session and pre-internet," Thomas said.

Soon, the team had seven club games scheduled.

In early August, Thomas received an official letter from the late Athletic Director Jack Behringer, congratulating the team on its varsity status. With eight more games added to the schedule, the '92 players took the field for 15 games in its first fall season.

"The most memorable win was the final game of the season, played at home on a Saturday afternoon in October as it was getting dark. We beat Westminster, 6-1, with seniors scoring all six goals."

Her memory of beating Westminster illustrates the heated and historic rivalry between the two schools. The 2011 team finished its PAC conference play on Oct. 29, with a 2-0 victory also over Westminster.

"When I was 20, I wasn't necessarily thinking how a future generation might be affected by my actions. Looking back, it is clear that God was using me and my gifts to work with others to make something great happen that would benefit others for years to come. By no means was I the only person involved; there were other key people, both students and adults, who brought this to fruition," Thomas said, followed by offering a challenge to future generations of Wolverines.

"What are you doing in your lives today that will make a difference to someone 20 years from now?"

Honduras: "Mission Field to Mission Force"

Sacrifice. Faith. Camaraderie. These words describe the 2011 Grove City College women's soccer team.

One of their eight core values is to impact their campus and community. Challenged by Scripture, the team decided to raise money to fund a Honduran mission project this fall.

Grove City was one of five American soccer teams chosen to raise \$1,500 to help build a small-sided soccer field, named a "Futbolito," in Honduras.

Once built, the missionaries partnering with the soccer team will rent the field to local teams and raise money to change Honduras from a "mission field to a mission force," with Honduras sending their own missionaries to Northern Africa and the Middle East.

"We wanted to have the money raised by the end of September and we knew it was a lofty goal," senior Morgan Osterhouse said.

After reading the book *Radical* by David Platt over the summer, the team accepted the author's challenge to sacrifice time and money for God's glory.

A "sacrifice box" was placed by the captains' lockers for the collection of money and after only two weeks, the team gathered \$663. A week later, with the help of family and friends, they had met their \$1,500 goal.

But, this amazing story does not end here.

While visiting a terminally ill family friend, the mother of a player on the team mentioned the Grove City Honduras project. During their conversation, the friend drew on pieces of stationery in her lap. That is when an idea struck the GCC mom.

Using what the friend was drawing, the team could create and print greeting cards to raise money for the project. The greeting cards were a hit, raising \$1,600 in three weeks, bringing the total money raised to \$3,000 – double what the team originally set out to collect. The friend, who was very proud of the team's efforts, passed away shortly after the project was completed.

Several months later, the team concluded its fundraising when it reached \$6,000. The money earned was enough to begin construction on the Futbolito.

With their goal exceeded, the team is now planning a mission trip to Honduras this summer to play the first games on the newly-built Futbolito against local Honduran teams.

"It's neat to see how God has provided this opportunity for our team. It takes the focus off of ourselves to connect and impact our brothers and sisters in Christ, in a different country, through our common bond of soccer," Osterhouse said.



"This team has taught me to put myself third, while placing God and others ahead of my own desires. I have learned to love soccer in a different way by realizing this simple game is truly a form of worship. My coaches and teammates' love for Christ is so evident in their play, talk and actions. I am so thankful for my time at Grove City College."

- Michelle Stevens '14

Season recap

The Wolverines earned their third consecutive bid to the ECAC South Region playoffs in 2011. Grove City College was one of eight teams selected by a committee to make the ECAC tournament. This was the fourth time in five years the team's overall record reflected the hard work and skills of this unique group of individuals.

The season began with a 5-0 victory over D'Youville in non-conference play with two goals from sophomore midfielder Sarah Cessar. After a 3-0 win over Heidelberg, the team hit the road for its annual weekend play against top ranked teams Case Western and John Carroll. The team kicked off a series of double overtime losses when it dropped to Case Western (1-0). The next day, the team fell to John Carroll in a heartbreaking 2-1 loss, but came away from the weekend feeling better prepared for PAC play.

The remaining non-conference games saw the team experience two more double overtime losses to Allegheny (1-0) and Baldwin Wallace (2-1), followed by a pair of 1-1 ties – one to Penn State Behrend after the game was called due to lightning and one to Mount Union after another double overtime game.

After a frustrating September, the team was excited to kick off its favorite month of the year: October. The team opened its PAC play with a 2-0 win over Bethany. They then traveled to Bank of Kentucky Stadium where they dropped 4-1 to Thomas More despite an impressive long-range goal from senior Cara Colley. The Wolverines rebounded by scoring a total of 10 goals against Waynesburg (5-1) and Thiel (5-0).

With intense preparation, the squad felt confident they would capture the program's 200th win against rival Washington & Jefferson on Oct. 15. After going down a goal 59 seconds into the match, the Wolverines bounced back with one of the most memorable goals of the season. Sophomore defender Lydia Caissy tied the game 1-1, driving the ball into the back of the net after a full-field effort. After a tough contest, W&J walked away with a 2-1 victory.

The Wolverines' 200th program win was captured the next game, defeating Chatham by a score of 9-1. The win over Chatham kicked off a five-game winning streak: Geneva (1-0), Susquehanna (2-1 in double overtime), Saint Vincent (3-1) and Westminster (2-0), which brought conference play to a close. The team finished as the No. 3 seed for the PAC tournament.

Hoping to make up for their earlier loss to Thomas More, the Wolverines traveled to Kentucky for the PAC semifinal match. The team competed like champions, staying true to their team theme for the year by "making every effort" against a very skilled and intelligent Thomas More squad. The Saints took a 1-0 lead 12 minutes into the game and finished the match with a second goal at the eight-minute mark, knocking the Wolverines out of the PAC tournament. Thomas More went on to win the conference and represent the PAC in the NCAA tournament, but this would not be the end of the Wolverines' season.

An ECAC bid was a welcome addition to the schedule, even if the squad entered the tournament as the No. 8 seed. The team traveled to Frostburg, Md., to play No. 1 seed Frostburg State. Grove City forged a 1-1 tie at the 11:50 mark in the first half when sophomore Sam Weber scored her team-leading seventh goal of the season.

The Wolverines went down early in the second half and could not penetrate Frostburg's tough defense and the game ended in a 4-1 loss to the eventual tournament champion.

A trip to the ECAC tournament proved to be a fitting end to the 2011 season, as it reflected the success and progress of the team over the course of the year. The team finished with a total of 44 goals and an overall record of 10-8-2, the fifth straight season the Wolverines reached double-digits in wins. Grove City has won 10 or more matches in 10 of its last 12 seasons. The Wolverines have also posted six straight winning seasons and 11 winning seasons in the last 12 years.



Sarah Cessar '14

"The Year of the Deuces"

Cara Colley '12 and Emily Hurley '12

In her final speech of the year, Coach Lamie described the 2011 season as "The Year of the Deuces." Coach's family adopted twins, the team named two captains, the program earned its 200th win, Coach collected her 200th career victory, the season included two long trips to Thomas More and the team endured countless double overtimes.

As captains, we noticed another overarching theme that comes in a pair: ups and downs. With every difficulty came an even stronger upswing for our team.

A "down" our team battled this season was the weather. Although uncontrollable, we tried our best to not allow it to dictate our performance. We fought through inches of mud and water during games and practices, singing in our hearts "Rain, Rain, Go Away."

The upswing to the rain was the development of a hard-working, persevering and united team.

We also overcame the "down" of a streak of heart crushing losses in the beginning of the season.

Through these let downs, however, our skills were sharpened and our desire to win grew. We learned how to play as a team and developed our own style. By the time conference play came around, we were ready to swing into a winning season.



Our willingness to fight through undesirable circumstances signified our passion for the game and an even stronger passion to share our faith.

Our team mission was "two"-fold: change the culture of Grove City soccer and make a difference for Christ by the way we play, interact and conduct ourselves.

As we developed into a close-knit team, we also united in our mission to glorify God through soccer. Hopefully, in addition to leaving an impact on the soccer field, we also left a positive impression in the minds and hearts of those we encountered.

